



# Marquardt Middle School Lunch Menu

2008-2009 School Year

Price Guide

Student Lunch : \$2.60  
 Adult Lunch: \$3.00  
 Ala Carte Milk: \$.40

	The Grill	Pizza	Sandwiches & Salads Galore	World's Fare	Chicken N' More
<b>MONDAY</b>	Hamburger/Bun Cheeseburger/Bun Spicy Chicken Patty/Bun	Stuffed Crust Cheese Pizza	Turkey Ranch Wrap Chicken Strip Salad Yogurt & Pretzel Lunch Uncrustable PB & J	Nachos Grande Chicago Hot Dog	Chicken Tenders
<b>TUESDAY</b>	Chipotle Burger/Bun Chicken Patty/Bun Rib BQ /Bun	Chili Cheese Wrap	American Sub Vegetarian Chef Salad Yogurt & Pretzel Lunch Uncrustable PB & J	Beef Tacos Turkey Corn Dog	Popcorn Chicken
<b>WEDNESDAY</b>	Hamburger/Bun Cheeseburger/Bun Spicy Chicken Patty/Bun	Twisted Edge Cheese Pizza	Turkey Sub Chicken Strip Salad Yogurt & Pretzel Lunch Uncrustable PB & J	Pasta and Garlic Bread	Chicken Nuggets
<b>THURSDAY</b>	Chipotle Burger/Bun Chicken Patty/Bun Meatball Sub	Stuffed Crust Pepperoni Pizza	American Sub Vegetarian Chef Salad Yogurt & Pretzel Lunch Uncrustable PB & J	Mozzarella Sticks w/ Marinara Sauce	Chicken Tenders
<b>FRIDAY</b>	Hamburger/Bun Cheeseburger/Bun Spicy Chicken Patty/Bun	Cheese Quesadilla	Turkey Sub Chicken Strip Salad Yogurt & Pretzel Lunch Uncrustable PB & J	Bosco Stuffed Bread Sticks	Popcorn Chicken

Ala carte foods are available daily. We offer variety of foods and beverages that meet the following nutrition standards...<200 calories, < 30% calories from fat, <10% calories from saturated fat.

Baked Chips	\$0.60
Rice Krispie Treat	\$0.60
Pretzels	\$0.60
Nutrigrain Bars	\$0.60
Granola Bars	\$0.60
100 Calorie Packs	\$0.60
Cheez-Its	\$0.60
Izze Fruit Juice	\$1.25
Fruit Juice Box	\$0.50
Sparkling Water—Large	\$1.00
Sparkling Water—Small	\$0.75
Choc Chip Cookie	\$0.50
Oatmeal Raisin Cookie	\$0.25
Ice Cream Novelties	\$0.75

- \*Featuring\***
- ☺ **Choice of up to 3 fruits and vegetables daily**
  - ☺ **Multiple fresh fruits & vegetables available daily**
  - ☺ **A whole grain bread basket & cracker basket**
  - ☺ **Cold and refreshing choice of 1% chocolate, strawberry , vanilla, and skim milk**

For more information about District 15 Food Services, please contact:  
 Sandy Voss, MS, RD, LDN  
 Director of Food Services  
 630-835-5885 - or- svoss@d15.us

**MENU & PRICES SUBJECT TO CHANGE**